

Four Stages of Competence



KEYNOTE: *Tashena Gonzales, Certified Holistic Wellness Coach*

TUESDAY, April 20, 2021

Ike's Restaurant, 38550 VanDyke Ave.,

Sterling Heights, MI 48312 –

OR Join Us via Zoom Meeting

NETWORKING & CHECK-IN: 6:30-7:00pm

DINNER MEETING: 7:00pm

PRESENTATION: 7:30pm

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

*Changing Women's Lives...
One Woman at a Time.*

For more information about our Chapter, contact President Linda Kozianowski at 586-530-0839

lindakozy@yahoo.com

or visit our website at www.abwa-suburban.org



“Four Stages of Competence”

Tashena Gonzales runs the educational service, VidActiva. She is a certified holistic wellness coach, mindfulness leader, self-development/success coach, and group coach. Five years ago she was sick and tired of being sick and tired with hormone, allergy, skin, pain issues and more. She started to Google her way to good health and decided to share her journey with others. She provides educational services and coaching to busy professionals--so they don't allow their busy schedules to get in the way of self-care and being healthy.

Tashena also provides online education via Facebook and Zoom, supporting coaching of individuals in Canada, Ecuador, Mexico, Kenya, and Sweden.

Event cost is \$20 at the door, or pre-pay at:

https://www.paypalobjects.com/en_US/i/btn/btn_cart_LG.gif

For more information and the ZOOM link, contact Julie Sullivan at (313) 287-2535, or abwajulie@gmail.com. Seating capacity is limited.